



At St Peter's, we believe that a broad and balanced curriculum with a strong academic core is a right for all pupils. We seek to encourage pupils to explore subjects of interest around their in-school learning and to enhance their curriculum experience through enrichment.

Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Unit of Work/Big Question	Unit of Work/Big Question	Unit of Work/Big Question	Unit of Work/Big Question	Unit of Work/Big Question	Left School/ Exams
How to communicate in relationships?	What are my next steps for my future?	What is RSE?	What are the different types of Families?	How can I build for the future?	Left School/ Exams
Knowledge	Knowledge	Knowledge	Knowledge	Knowledge	
Communication in relationships. Personal values, assertive communication (including in relation to contraception and sexual health), relationship challenges and abuse	Next steps. Application processes, and skills for further education, employment and career progression	Communication in relationships Personal values, assertive communication (including in relation to contraception and sexual health), relationship challenges and abuse	Different families and parental responsibilities, pregnancy, marriage and forced marriage and changing relationships	Building for the future Self-efficacy, stress management, and future opportunities	
Skills & Procedural Knowledge	Skills & Procedural Knowledge	Skills & Procedural Knowledge	Skills & Procedural Knowledge	Skills & Procedural Knowledge	
- About core values and emotions - About gender identity, gender expression and sexual orientation - How to communicate assertively - How to communicate wants and needs - How to handle unwanted attention, including online - How to challenge harassment and stalking, including online - About various forms of relationship abuse - About unhealthy, exploitative and abusive relationships - How to access support in abusive relationships and how to overcome challenges in seeking	- How to use feedback constructively when planning for the future - How to set and achieve smart targets - Effective revision techniques and strategies - About options post-16 and career pathways - About application processes, including writing cvs, personal statements and interview technique - How to maximise employability, including managing online presence and taking opportunities to broaden experience	- About core values and emotions - About gender identity, gender expression and sexual orientation - How to communicate assertively - How to communicate wants and needs - How to handle unwanted attention, including online - How to challenge harassment and stalking, including online - About various forms of relationship abuse - About unhealthy, exploitative and abusive relationships - How to access support in abusive relationships and how to overcome challenges in seeking	- About different types of families and parenting, including single parents, same sex parents, blended families, adoption and fostering - About positive relationships in the home and ways to reduce homelessness amongst young people - About conflict and its causes in different contexts, e.g. with family and friends - Conflict resolution strategies - How to manage relationship and family changes, including relationship breakdown, separation and divorce - how to access support	- How to balance ambition and unrealistic expectations - How to develop self-efficacy, including motivation, perseverance and resilience - How to maintain a healthy self-concept - About the nature, causes and effects of stress - Stress management strategies, including maintaining healthy - Sleep habits - About positive and safe ways to create content online and the opportunities this offers - How to balance time online	Left School/ Exams
					Left School/ Exams

support		support	services To understand the relationship of young carers and their families.		Left School/ Exams
Key Assessment Task (KAT)	Key Assessment Task (KAT)	Key Assessment Task (KAT)	Key Assessment Task (KAT)	Key Assessment Task (KAT)	
RAG Self Assessment Worksheet (Start and End of term)	RAG Self Assessment Worksheet (Start and End of term)	RAG Self Assessment Worksheet (Start and End of term)	RAG Self Assessment Worksheet (Start and End of term)	RAG Self Assessment Worksheet (Start and End of term)	