Health and Social Care Homework - Year 11
Autumn 1

Retrieval	Reading	Rewarding
1. Lifestages Infancy 0-2 Childhood 3-10 Adolescence 11-18 Young adulthood 19-45 Middle adulthood 46-65 Older adulthood 65+ Extra with students who have finished health and social care (CHILD DEVELOPMENT) Creating a safe environment	2. Pages from OCR National Text book pages 43-50 R058 - child development Pages 71-74 Liquids and hazardous equipment	3. Practice using flash cards Active Supervision Keeps Kids Safe (youtube.com) Hot liquids are the most common causes of burns in kids #pediatrician #childsafety #burn #parenting (youtube.com)
4. Complete the homework set for illnesses The four life stages of an individual. • The four key areas of growth and development (PIES). • A definition of what is meant by growth and development. • Examples of the	5. Reading Textbook case study on page 45 Make notes to regain knowledge and add extra vocabulary at the end of the book. These are necessary for assignment when set.	6. Design a questionnaire on how many illnesses can you think of within your family circle Nursery safety is no accident (youtube.com)

milestones experienced across the life stages. • Changes to individuals (linked to PIES) that are experienced across the life stages. Creating a safe environment in a nursery for children 0-3	OCR National child development Pages 77	
7. Complete the task set on google classwork on adolescence Child development - safety	8. https://www.bbc.co.uk/tiny-happy-people/science-and-facts Reading pages 90-92	9. Watch: https://www.bbc.co.uk/tiny-happy-people/articles/z49r7v4 Safety equipment - safety gates for home ad nurseries Nursery safety is no accident - YouTube Childcare 1: Maintaining the Safety and Security of Children (youtube.com)

Health and Social Care Homework - Year 11
Autumn 2

Retrieval	Reading	Rewarding
1. Complete work set on R033 Choose a celebrity in one lifestage reflecting on PIES Child development learning shapes	2. Read OCR National book and make notes from pages 71-74 Pages 97	3. BTEC Health & Social Care Unit 1 | PIES Growth and Development across the Life Stages (youtube.com) Child dev - Blippi Learns Shapes And Colors With Clay | Arts And Crafts Videos For Kids (youtube.com)
4. PIES development in predicted and unpredicted life events Design - child dev of a nursery	5. Pages 96-103 using the notes to add vocabulary and adding impacts to their PIES Pages - 98	6. Unit 1: Human lifespan development - Major life events (youtube.com) The eatwell plate episode 1: Introduction & Fruit and vegetables (youtube.com)
7. Complete set assignment Child dev - set assignment Google classroom	8. Read the task set for set assignment and case studies Reading pages 100-105	9. Go back to the work and answer the google forms for rewarding knowledge Google forms and Google Classroom

Health and Social Care Homework - Year 11
Spring 1

Retrieval	Reading	Rewarding
1. Set assignment based questions	2. Reading the case study based on real life events	3. Quiz set on Google form to answer the questions based on lessons taught. Redundancy, retirement, bereavement divorce and separation
4. Completed assigned homework on Google classroom	5. Read and research the following for predicted life events OCR National book Pages 103-110	6. Quiz set on Google form to answer the questions based on lesson taught. Redundancy, retirement, bereavement divorce and separation
7. Completed assigned homework on Google classroom	8. Read and research the following for predicted life events OCR National book Pages 103-110	9. Quiz set on Google form to answer the questions based on lesson taught. Redundancy, retirement, bereavement divorce and separation

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Health and Social Care Homework - Year 11

Spring 2

Retrieval	Reading	Rewarding
1. R035 - set assignment complete the criteria based questions	2. How to calculate BMI How to complete a BMI	3. Quiz on Google forms
4. Create a eat well plate with added protein, fats, carbohydrates and sugars Homework	5. Pages 194 -198 OCR National text book Answering questions on test your knowledge Stretch activity pg 195	6. Quiz on Google forms Eatwell Guide (youtube.com)
7. Risk factors for coronary heart disease Questions on set assignment	8. Pages 194 -198 OCR National text book Answering questions on test your knowledge Case study pg 199	9. Google forms on coronary heart disease

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Health and Social Care Homework - Year 11

Summer 1

Retrieval	Reading	Rewarding
1. R032 - exam topic based on Types of care setting Health and social care setting Questions based on settings and working on exam paper based questions for retrieval of lessons Topic 1-6	2. Textbook OCR National pages 3-67	3. Google forms Exam papers on google classrooms Interventions after school
4. The rights of service users Consultations Practice text question Pg 11 (OCR National in Health and social care) Person centred values Individuality Choice Independency Privacy Dignity Respect Partnership	5. Text book OCR National pages 3-67 Practice text question Pg 11 (OCR National in Health and social care) Person centred care pages 13-15 Pages on 27 - the importance of verbal communication and non verbal communication	6. Google forms and test papers in google classroom Google forms Test your knowledge on pg 18 Stretch activity pg 24 -25 Verbal communication vs non-verbal communication (youtube.com) Test your knowledge pg 35

Effective communication in health and social care		Google forms
7. Protecting service users and service providers in health and social care Dignity Safety procedures Security measures	8. Weblinks www.equlityhumarights,com/en Mencap Why Carol set up a trust for her son David (youtube.com) Test your knowledge pg 65	9. Dignity in care: personal hygiene (youtube.com) Safeguarding adults in health and social care (youtube.com) Google forms Why Carol set up a trust for her son David (youtube.com)

Health and Social Care Homework - Year 11
Summer 2

Retrieval	Reading	Rewarding
Complete homework in google classwork set for impact on relationships and mental health	Reading Pages 106 and 107 from OCR National and retrieving knowledge	How Childhood Trauma May Affect Your Love Choice (youtube.com)
Complete homework in google classwork set for impact on relationships and menta, trauma and anxiety health Charity support	Trauma and love impacts on youtube Look up charities and read and retrieve information for set assignment	How Childhood Trauma May Affect Your Love Choice (youtube.com How Your Childhood Influence The Way You Express Love (love styles) (youtube.com))
Complete homework based on neglect completing the case study based questions	Watch and understand from youtube about child neglect and impact it has on individuals	The Disturbing Effect of Child Neglect (youtube.com)