



At St Peter's we believe that a broad and balanced curriculum with a strong academic core is a right for all pupils. We seek to encourage pupils to explore subjects of interest around their in-school learning and to enhance their curriculum experience through enrichment.

Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Unit of Work/Big Question	Unit of Work/Big Question	Unit of Work/Big Question	Unit of Work/Big Question	Unit of Work/Big Question	Unit of Work/Big Question
How to transition and be safe at St Peter's Collegiate Academy?	What is diversity and how does it affect me?	How to build relationships at St Peter's Collegiate Academy?	Why is developing skills and being aspirational essential?	Is being healthy really that important?	What does it mean to be Digital literate in the 21st Century?
Knowledge	Knowledge	Knowledge	Knowledge	Knowledge	Knowledge
Transition to secondary school and personal safety in and outside school, including first aid.	Diversity, prejudice and bullying.	Self-worth, romance and friendships (including online) and relationship boundaries.	Careers, teamwork and enterprise skills, and raising aspirations.	Healthy routines, influences on health, puberty, unwanted contact, and FGM.	Online safety, digital literacy, media reliability and gambling hooks.
Skills & Procedural Knowledge	Skills & Procedural Knowledge	Skills & Procedural Knowledge	Skills & Procedural Knowledge	Skills & Procedural Knowledge	Skills & Procedural Knowledge
<ul style="list-style-type: none"> To identify, express and manage their emotions in a constructive way To manage the challenges of moving to a new school To establish and manage friendships To improve study skills To identify personal strengths and areas for development Personal safety strategies and travel safety, e.g. road, rail and water To respond in an emergency situation Basic First Aid 	<ul style="list-style-type: none"> To learn about identity, right and responsibilities To develop our understanding about living in a diverse society To challenge prejudice, stereotypes and discrimination To recognise the signs and effects of all types of bullying, including online How to respond to bullying of any kind, including online To support others and their feelings 	<ul style="list-style-type: none"> To develop self-worth and self-efficacy To understand about qualities and behaviours relating to different types of positive relationships To recognise unhealthy relationships To recognise and challenge media stereotypes To evaluate expectations for romantic relationships To understand the basics around consent and how to seek and assertively communicate consent 	<ul style="list-style-type: none"> To be enterprising, including skills of problem-solving, communication, teamwork, leadership, risk-management and creativity To explore about a broad range of careers and the abilities and qualities required for different careers To understand about equality of opportunity To challenge stereotypes, broaden their horizons and how to identify future career aspirations To develop our knowledge about the link between values and career choices 	<ul style="list-style-type: none"> To manage physical and emotional changes during puberty To understand personal hygiene. To recognise and respond to inappropriate and unwanted contact FGM and how to access help and support 	<ul style="list-style-type: none"> To develop our knowledge about online communication To use social networking sites safely To recognise biased or misleading information online To critically assess different media sources To distinguish between content which is publicly and privately shared To understand about age restrictions when accessing different forms of media and how to make responsible decisions To protect financial security online To assess and manage risks in relation to gambling and chance-based transactions

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Emotional wellbeing- What does it mean to you?	How can I develop my skills to get the career I want in the future?	How can I promote a healthy, positive relationship?	What are the dangers surrounding drugs and alcohol?	What are the different forms of discrimination?	What is TAX?
Knowledge	Knowledge	Knowledge	Knowledge	Knowledge	Knowledge
Emotional wellbeing Mental health and emotional wellbeing, including body image and coping strategies.	Equality of opportunity in careers and life choices, and different types and patterns of work.	Gender identity, sexual orientation, consent, 'sexting', and an introduction to contraception.	Drugs and alcohol misuse and pressures relating to drug use.	Discrimination in all its forms, including: racism, religious discrimination, disability, discrimination, sexism, homophobia, biphobia and transphobia.	Saving, borrowing, budgeting and making financial choices.
Skills & Procedural Knowledge	Skills & Procedural Knowledge	Skills & Procedural Knowledge	Skills & Procedural Knowledge	Skills & Procedural Knowledge	Skills & Procedural Knowledge
<ul style="list-style-type: none"> To develop our attitudes towards mental health How to challenge myths and stigma about daily wellbeing How to manage emotions How to develop digital resilience To understand about unhealthy coping strategies (e.g self-harm and eating disorders) To develop knowledge around healthy coping strategies 	<ul style="list-style-type: none"> To understand about equality of opportunity in life and work How to challenge stereotypes and discrimination in relation to work and pay To understand about employment, self-employment and voluntary work How to set aspirational goals for future careers and challenge expectations that limit choices 	<ul style="list-style-type: none"> To develop knowledge about the qualities of positive, healthy relationships How to demonstrate positive behaviours in healthy relationships To understand and develop our knowledge around gender identity and sexual orientation To know about the law in relation to consent What are the legal and moral duties with the seeker of consent How to effectively communicate about consent in relationships To understand about the risks of 'sexting' and how to manage requests or pressure to send an image To know about basic forms of contraception, 	<ul style="list-style-type: none"> To understand the differences between medicinal and recreational drugs To develop our knowledge on the over-consumption of energy drinks To know about the relationship between habit and dependence How to use over the counter and prescription medications safely How to assess the risks of alcohol, tobacco, nicotine and e-cigarettes How to manage influences in relation to substance use How to recognise and promote positive social norms and attitudes 	<ul style="list-style-type: none"> How to manage influences on beliefs and decisions To understand about group-think and persuasion and how it affects you How to develop self-worth and confidence To understand gender identity, transphobia and gender-based discrimination How to recognise and challenge homophobia and biphobia How to recognise and challenge racism and religious discrimination 	<ul style="list-style-type: none"> To understand how tax work How to make safe financial choices To understand about ethical and unethical business practices and consumerism To develop understanding around saving, spending and budgeting How to manage risk-taking behaviour



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What do we mean by consent?	How to "fight" peer influence?	What are employability skills?	How can I show respect in relationships?	How can I improve my body confidence?	WEK- What is it? What will my future career path look like?
Knowledge	Knowledge	Knowledge	Knowledge	Knowledge	Knowledge
Intimate relationships Relationships and sex education including consent, contraception, the risks of STIs, and attitudes to pornography	Peer influence, substance use and gangs Healthy and unhealthy friendships, assertiveness, substance misuse, and gang exploitation	Employability skills Employability and online presence	Respectful relationships Families and parenting, healthy relationships, conflict resolution, and relationship changes	Emotional wellbeing Mental health and emotional wellbeing, including body image and coping strategies.	Work experience- experience and readiness for work
Skills & Procedural Knowledge	Skills & Procedural Knowledge	Skills & Procedural Knowledge	Skills & Procedural Knowledge	Skills & Procedural Knowledge	Skills & Procedural Knowledge
<ul style="list-style-type: none"> To understand and learn myths and misconceptions relating to consent To understand about the continuous right to withdraw consent and capacity to consent To develop our knowledge on STIs, effective use of condoms and negotiating safer sex The consequences of unprotected sex, including pregnancy How the portrayal of relationships in the media and pornography might affect expectations How to assess and manage risks of sending, sharing or passing on sexual images How to secure personal 	<ul style="list-style-type: none"> How to distinguish between healthy and unhealthy friendships How to assess risk and manage influences, including online To develop our knowledge on 'group think' and how it affects behaviour How to recognise passive, aggressive and assertive behaviour, and how to communicate assertively To manage risk in relation to gangs To understand about the legal and physical risks of carrying a knife Tp learn positive social norms in relation to drug and alcohol use, about legal and health risks in relation to drug and alcohol use, including 	<ul style="list-style-type: none"> What are transferable skills, abilities and interests How to demonstrate strengths About different types of employment and career pathways To managed feelings relating to future employment 	<ul style="list-style-type: none"> About different types of families and parenting, including single parents, same sex parents, blended families, adoption and fostering About positive relationships in the home and ways to reduce homelessness amongst young people About conflict and its causes in different contexts, e.g. with family and friends Conflict resolution strategies How to manage relationship and family changes, including relationship breakdown, separation and divorce how to access support services 	<ul style="list-style-type: none"> How to identify the difference between high and low self-esteem How to understand what can change self-esteem in the short-term and long-term To know a range of ways to manage my own self-esteem How to describe what it means to be body positive and body neutral How to explain the link between airbrushing and photo editing, and self-esteem To make healthy choices in your lifestyle 	<ul style="list-style-type: none"> How to evaluate strengths and interests in relation to career development About opportunities in learning and work To develop Strategies for overcoming challenges or adversity About responsibilities in the workplace How to manage practical problems and health and safety How to maintain a positive personal presence online How to evaluate and build on the learning from work experience

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